

Los Alamitos High School

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Gregg Stone, Ed.D.
Interim Principal

October 6, 2020

Parent/Guardian Notification of Confirmed COVID-19 Case

Dear Los Alamitos High School Community,

I am writing to inform you that we have recently received information about a student with a confirmed case of COVID-19. If you have not been notified that your child had close contact (less than 6ft. for 15 minutes or more) with this student, no action is required.

A thorough cleaning and disinfecting of the exposed classrooms/locations will be completed per the California Department of Public Health and the Orange County Health Care Agency guidelines for schools.

How You Can Help

We encourage families to be proactive and to reinforce the importance of hand-washing, physical distancing and face coverings to limit the spread of the coronavirus. Also, please adhere to the following health and safety practices per the California Department of Public Health and the Orange County Health Care Agency:

- If a member of your household tests positive for COVID-19 or is awaiting test results, please keep your child at home and notify our school nurse.
- If your child [has any symptoms associated with the coronavirus](#), make sure they stay home and get tested if necessary. Anyone with symptoms consistent with COVID-19 should remain at home in isolation for a minimum of 10 days plus at least 24 hours after the resolution of fever (without fever-reducing medication) and improvement in other symptoms. Please provide a doctor's note when cleared and ready to return to school. ** Keep children home when they are sick.**
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use alcohol-based hand sanitizers that contain at least 60% alcohol.
- Cover your coughs and sneezes with a tissue, and then dispose of the tissue and clean your hands immediately. If you do not have a tissue, use your sleeve, not your hands, to cover coughs and sneezes.
- Limit close contact with people who are sick, and avoid sharing food, drinks, or utensils.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipes.
- All students (Grades 3-12) and staff are required to wear a face covering while on LAUSD campuses or visiting our facilities.
- Ensure your family is adhering to [health and hygiene practices](#) from the California Department of Public Health and the Orange County Health Care Agency to reduce the spread of COVID-19.

Next Steps

- All confirmed cases must be in self-isolation and close contacts (6 ft. and 15 minutes or more) quarantined for 14 days from last exposure in order to prevent illness in new persons.
- School staff will work with individuals in self-isolation to support their continued education.
- All affected areas will be cleaned per state and local guidelines.
- Students, who have not received notification from the Orange County Health Care Agency, are cleared to return to school per their regular schedule.

Privacy

All information, including the name(s) of ill or exposed persons, shared regarding any Public Health investigation is confidential in order to protect patient and student privacy. Names will not be released to the public, including our school community. Due to privacy laws, I cannot share further details about individuals affected. Thank you for your understanding.

For additional questions about the coronavirus, visit the [Orange County Health Care Agency Website](#), which also includes a COVID-19 health line.

If you have any questions or concerns please feel free to contact me at gstone@losal.org.

Sincerely,
Gregg Stone, Ed.D.
Interim Principal

Board of Education: David Boyer • Megan Cutuli • Diana D. Hill • Karen Russell • Marlys Davidson